

IIMC 2026 – Programme Schedule

Day 1 and Day 2 | 16 CPD Points

Day 1 | Saturday, 31 October 2026

TIME	AGENDA / TOPIC	SPEAKER
07:45 – 08:45	Registration & Breakfast for Early Birds, Booth Visits	
08:45 – 09:00	Opening Remarks	Dr. A. Prabakaran E. Arulanandam Vice President, AIMM
09:00 – 09:30	Ethical Practice and Professional Conduct in Traditional & Complementary Medicine	Dr. Karena Khalid Head of Disciplinary and Accreditation, T&CM Council of MOH, Malaysia
09:30 – 10:00	From Traditional Ethnobotanical Medicine to Western Professional Licensure: Regulatory Frameworks for Serotonergic Agents	Mr Pascal Moniot Osteopath (D.O.), France
10:00 – 10:40	Refreshments & Booth Visits	
10:40 – 11:00	Leveraging Neuroplasticity: An Integrated Wellness Approach to Autism Management	Prof. Dr. Vijay Anand B.H.M.S., M.D., M.Sc. (Psychology); Founder & Director, Vijay Homoeo Clinic, India
11:00 – 11:30	The Evolving Role of CT-Guided Percutaneous Cryoablation for Lung Nodules	Dr. Liu Shupeng Medical Oncology; Director, Guangzhou Fuda Cancer Hospital, China
11:30 – 12:00	Salutogenesis: The Missing Layer Beyond Root-Cause Medicine – A System Driver of Longevity and Well-Being	Mr Nils Bokström Master's in Biology and Mathematics; Diploma in Clinical Nutrition, Sweden
12:00 – 12:30	Holism and Salutogenesis: Approaches of Unani System of Medicine in Addressing AMR, Infections, Communicable Diseases and NCDs by Improving Well-Being in All Dimensions of Health	Dr. Arish Mohammad Khan Sherwani Professor and HOD, Tahaffuzi wa Samaji Tib (Community Medicine, Unani); Consultant Physician, DOTS Referral Unit / OPD-3 / Health Promotive Unit, National Institute of Unani Medicine, Ayush, Bangalore, India
12:30 – 14:00	LUNCH & Booth Visits	
14:00 – 14:45	Biomechanics from the Science of Kinesiology, with a Short Live Demo	Mr Thomas Heintz Certified Holistic Health Practitioner, USA
14:45 – 15:15	The Peptide Blueprint: Unlocking the Body's Code for Vitality and Regeneration	Dr Widya Murni Chairwoman, Indonesia Functional, Integrative & Innovative Medicine (FIIM), Indonesia
15:15 – 15:45	Medical Ketogenic Therapy: Metabolic Intervention for Healthspan, Resilience and Disease Management	Dr Janethy Balakrishnan MBBS, MSc (Healthcare Management), Certified Nutrition Specialist, ABAARM, Advanced Dip. Aromatherapy
15:45 – 16:00	Open Interactive Session: Which Personalised Diet Is Optimal for Medical Wellness?	Dr Janethy Balakrishnan Moderator
16:00 – 16:30	Refreshments & Booth Visits	
16:30 – 16:45	From Defiance to Dialogue: Integrating Homoeopathy and Psychotherapy in Childhood Oppositional Defiant Disorder	Dr. M. Jayakumar Professor and Head, Department of Surgery, Excel Homoeopathy Medical College and Hospital, Namakkal, Tamil Nadu, India

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16:45 – 17:00	The Mind–Metabolism–Sleep Nexus: An Evidence-Informed Framework for Coordinated Salutogenic Care	Dr. V. Veerapathiran, M.D. (Hom.) Founder & Director, White Globules Mind & Metabolic Centre, India
17:00 – 17:15	Healing from Within: Homoeopathy as a Catalyst for Health Creation	Dr. Amrit Shah Founder/Director, “I Homeopathy Clinics”, India
17:15 – 17:30	In-Silico Analysis of Alkaloidal Action of the Homoeopathic Medicine Nux Vomica Through ADMET Study	Dr. Sowkanth, M.D. (Hom.) Vice Principal; Professor, Department of Homoeopathic Repertory, Sri Sai Ram Homoeopathy Medical College and Research Centre, Chennai, India

Disclaimer

- 1) Speakers have been requested to allow time for Q&A during their lectures. If time does not permit, delegates and attendees are welcome to interact with the speakers during the breaks.
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Day 2 | Sunday, 1 November 2026

TIME	AGENDA / TOPIC	SPEAKER
08:00 – 09:00	Breakfast for Early Birds & Booth Visits	
09:00 – 09:15	Decode Longevity: Beyond 150 Years with Stem Cells	Dr. Vijaya Bhaskar S Stem Cell Physician, India
09:15 – 09:30	Urticaria Beyond Antihistamines: Rethinking Urticaria Management	Dr. Nishchal Gupta, M.D. (Hom.) Homoeopath, India
09:30 – 09:45	Targeting Metabolic Health: The Emerging Role of NAD and Peptide Therapies in Diabetes	Dr Jyosthna Teja Functional Medicine; Founder, Origin Body Mind Soul Hospitals; MD, Origin Life (Nutraceuticals); MD, Nurture Plus (Pharmaceuticals)
09:45 – 10:00	The Gut–Systemic Health Paradigm: Integrating Homoeopathy and Nutrition – A Case-Based Clinical Perspective	Dr. Jerin Principal & MS, Sri Sai Ram Homoeopathy Medical College & Research Centre, Chennai, India
10:00 – 10:15	An Animal Study on Neuroprotective Effects in Autism Spectrum Disorder	Dr Kalaivani BSc, BHMS, MSc (Medical Anatomy); Assistant Professor, Sri Sairam Homoeopathy Medical College
10:15 – 10:45	Refreshments & Booth Visits	
10:45 – 11:15	From Traditional Wisdom to Salutogenesis: Exploring the Potential of Ayurveda in Preventive, Promotive and Community-Based Healthcare	Dr. Deepa Makhija Assistant Director (Ay.) & Programme Officer for Public Health Research, CCRAS, Ministry of Ayush, Govt. of India
11:15 – 11:45	Attacking the Disease, Protecting the Host: Selective Vulnerability as a Framework for Targeting, Immune Engagement and Host Recovery	Dr. Jason A. Peñaranda MD, FPRIMA; Medical Director, ALTA, Philippines
11:45 – 12:05	Phytobiophysics: Translating Bio-Energetic Plant Signatures for Physiologic Regulation	Mrs Kong Poei Moon Cognitive Behaviour Hypnotherapy
12:05 – 12:35	Siddha Medicine in Integrated Healthcare: A Multidisciplinary Approach to Chronic and Complex Disorders <i>Clinical Evidence and Therapeutic Strategies in the Management of Type II DM, Autism and Rheumatoid Arthritis</i>	Dr. Eugene Wilson MD (Siddha), PGDIPR; Research Officer (Siddha) / Scientist-II, Central Council for Research in Siddha (CCRS), Ministry of Ayush, Govt. of India
12:35 – 14:00	LUNCH & Booth Visits	
14:00 – 14:45	Neurobiology, Stress and the Subconscious Mind, with a Short Live Demo	Mr Thomas Heintz Certified Holistic Health Practitioner, USA
14:45 – 15:15	From Molecule to Glow: Peptide Science in Clinical Aesthetic Dermatology	Dr Anne Wetter Dermatologist and Skin Surgeon; Founder of DC Hud, Inskinity and Allél, Stockholm, Sweden
15:15 – 15:45	Decline to Renewal: Stem Cells, Exosomes and Peptides in Redox Homeostasis	Dr. Robert Phoebeus A. Carranza Jr. Founding Medical Director, SIGLÀ HEALTH, Philippines
15:45 – 16:05	Q&A	All speakers
16:05 – 16:30	Refreshments & Booth Visits	

TIME	AGENDA / TOPIC	SPEAKER
16:30 – 17:15	Panel Discussion – Is Aging a Disease? Frailty, Cellular Senescence, Inflammaging, and the Case for Genomic-Guided Therapy	Dr Janethy Balakrishnan Moderator Dr Anne Wetter Dermatologist and Skin Surgeon, Sweden Professor Dato’ Dr. Zaliha binti Omar Rehabilitation Medicine Physician, Brunei Neuroscience, Stroke and Rehab Centre, Jerudong Park Medical Centre, Brunei
17:15 – 17:30	Open Interactive Session from the Floor	All speakers

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